

# Report: 60% of Fox Cities overweight or obese



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TOWN OF MENASHA, Wis. (WFRV) - New numbers show more than 60% of residents in the Fox Valley are overweight or obese.

Hundreds of people took steps today, to make the community a healthier place to live.

Weight of the Fox Valley launched the "Passport to Active Living" program at Fritse Park in the Town of Menasha.

People walked across the Trestle Trail Bridge and earned their first stamp in a free passport.

By getting stamps at parks and trails across the region, people can earn prizes and best of all become healthier.

You can download the book or pick one up at several locations throughout the community. [Click here for more information.](#)

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