



Passport program gets Fox Valley residents out on the trails

FOX 11 News

Published: June 1, 2015, 3:40 pm | Updated: June 1, 2015, 5:58 pm

MENASHA – An initiative to help get people in the Fox Valley more active kicked off Monday.

Passport to Active Living is a 12 week event that kicked off in Menasha. The first challenge for participants was to cross the Trestle Trail and return.

At the end of the challenge they got their passport stamped.

Organizer, Emily Dieringer, says this is a great way to get people out and enjoy the many trails within the Fox Valley, “We’ve got a lot of great parks and trails in the Fox Valley, and we felt like people should know that they are out there and use them as often as possible so it’s encouraging people to be physically active and get some exercise and use some trails we’ve got.”

Participants can earn stamps by either walking, hiking or jogging an area trail or walking path, once a week.

You can pick up passports at YMCA of the Fox Cities locations, Oshkosh YMCA locations, United Way offices in Oshkosh or the Fox Cities and the Calumet County Health Department.

For more information on area trails, parks and walking paths, [click here \(http://www.wotfv.org\)](http://www.wotfv.org).

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