Did you know 1 in 5 adults and 1 in 5 children experience a mental health issue in a given year? Ann was struggling with her mental health. She was able to receive counseling for a reduced fee through an agency supported by United Way Fox Cities. The sliding fee scale allowed her to pay what she could afford, which at the time, was next to nothing.

In Ann’s own words, “Without the support and counseling received at the United Way Fox Cities’ partner agency, I would not be here today. The services I received helped me find recovery from my bad habits that would eventually have taken my life. Today, I honor that blessing by giving back to United Way so they can help others receive the same gift.”

In 2016, 6,434 adults and children received mental health counseling and support services from United Way Fox Cities’ partner agencies. 86% of those participating in United Way-funded programs were offered an initial appointment for mental health services within five business days.